

FirstName	SecondName	Gender	Date	Distance	Time	Runs	
Vimal	Lala	M	2025/03/29	5	0:22:36	80	
Vic	Boston	M	2025/03/29	5	0:26:33	8	
Russ	Dodding	M	2025/03/29	5	0:26:52	168	
Jayshika	Lala	F	2025/03/29	5	0:27:21	62	
Paul	Cawood	M	2025/03/29	5	0:28:06	103	
Thomas	Hope	M	2025/03/29	5	0:28:10	71	
Bridget	Hunter	F	2025/03/29	5	0:28:10	4	PB
Masoono	Nchabeleng	M	2025/03/29	5	0:28:24	222	
Heather	Murch	F	2025/03/29	5	0:31:10	144	
Julia	Du Plessis	F	2025/03/29	5	0:33:49	1	
Briony	Botha	F	2025/03/29	5	0:33:49	7	
Nicola	Raymond	F	2025/03/29	5	0:34:04	3	
Seymour	Talpert	M	2025/03/29	5	0:42:04	52	
Beatrice	Watermeyer	F	2025/03/29	5	0:46:09	27	
Hanna	Schultz	F	2025/03/29	5	0:46:09	3	PB
Mpumi	Mothapo	F	Time Keeper				
Leuba	Mothapo	M	Time Keeper				