

| FirstName | SecondName | Gender | Date | Distance | Time | Runs |
|-----------|------------|--------|------------|------------|----------|------|
| Lackson | Chauke | M | 2025/03/22 | 5 | 00;22;35 | 42 |
| Julian | Blonski | M | 2025/03/22 | 5 | 00;24;20 | 241 |
| Vic | Boston | M | 2025/03/22 | 5 | 00;25;09 | 7 |
| Chad | Harris | M | 2025/03/22 | 5 | 00;25;16 | 119 |
| Paul | Cawood | M | 2025/03/22 | 5 | 00;25;20 | 102 |
| Thomas | Hope | M | 2025/03/22 | 5 | 00;25;51 | 70 |
| Jay | Sooka | M | 2025/03/22 | 5 | 00;27;22 | 138 |
| Russ | Dodding | M | 2025/03/22 | 5 | 00;27;25 | 167 |
| Masoono | Nchabeleng | M | 2025/03/22 | 5 | 00;29;22 | 221 |
| Ludowijk | Nell | M | 2025/03/22 | 5 | 00;29;47 | 17 |
| Alisha | Lala | F | 2025/03/22 | 5 | 00;29;49 | 19 |
| Vimal | Lala | F | 2025/03/22 | 5 | 00;29;49 | 79 |
| Jayshika | Lala | F | 2025/03/22 | 5 | 00;29;53 | 61 |
| Briony | Botha | F | 2025/03/22 | 5 | 00;30;21 | 6 |
| Caroline | James | F | 2025/03/22 | 5 | 00;30;21 | 6 |
| Heather | Murch | F | 2025/03/22 | 5 | 00;30;42 | 145 |
| Dimikatso | Mphela | F | 2025/03/22 | 5 | 00;31;40 | 7 |
| Paul | Pretorius | M | 2025/03/22 | 5 | 00;33;18 | 386 |
| Titus | Mamabola | M | 2025/03/22 | 5 | 00;34;59 | 3 |
| Hannah | Schultz | F | 2025/03/22 | 5 | 00;48;19 | 2 PB |
| Les | Sutcliffe | M | 2025/03/22 | Timekeeper | | |