

FirstName	SecondName	Gender	Date	Distance	Time	Runs
John	Peter	M	2025/02/01	5	00;23;30	20
Andy	Maggs	M	2025/02/01	5	00;23;44	386
Geoff	Goldberg	M	2025/02/01	5	00;26;45	54
Maselo	Mphafudi	M	2025/02/01	5	00;26;56	51
Mamsy	Phasha	F	2025/02/01	5	00;29;32	5 PB
Phindi	Ngocobo	F	2025/02/01	5	00;31;21	74
Zukisa	Magadla	M	2025/02/01	5	00;31;38	53
Lucenda	Sebjeng	F	2025/02/01	5	00;32;21	4
Gertrude	Chakonera	F	2025/02/01	5	00;38;00	2 PB
Dudu	Mndaweni	F	2025/02/01	5	00;39;33	16
Mpumi	Mothapo	F	2025/02/01	Timekeeper		
Les	Sutcliffe	M	2025/02/01	Timekeeper		