

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Mark	Evans	M	2023/01/28	5	0:22:30	2
Julian	Blonski	M	2023/01/28	5	0:22:51	202
Jeannie	Henderson	F	2023/01/28	5	0:23:25	3
Jay	Sooka	M	2023/01/28	5	0:24:40	83
Lisa-Jo	Blonski	F	2023/01/28	5	0:25:28	72
Daniel	Erlank	M	2023/01/28	5	0:25:35	57
Avril	Halstead	F	2023/01/28	5	0:26:00 PB	2
Russ	Dodding	M	2023/01/28	5	0:27:35	99
Paul	Cawood	M	2023/01/28	5	0:28:20	44
Dominque	Erlank	F	2023/01/28	5	0:30:06	159
Heather	Murch	F	2023/01/28	5	0:33:46	84
Frans	Kamps	M	2023/01/28	5	0:38:14	381
Leuba	Mothapo	M	2023/01/28	Timekeeper		
Les	Sutcliffe	M	2023/01/28	Timekeeper		
Richard	Wilkinson	M	2023/01/28	Timekeeper		