

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Hendrik	Hartmann	M	2023/01/21	5	0:20:41	6
Julian	Blonski	M	2023/01/21	5	0:22:53	201
Maselo	Mphafundi	M	2023/01/21	5	0:23:33 PB	19
Chad	Harris	M	2023/01/21	5	0:24:29	77
Jay	Sooka	M	2023/01/21	5	0:26:00	82
Lisa-Jo	Blonski	F	2023/01/21	5	0:26:36	71
Daniel	Erlank	M	2023/01/21	5	0:26:54	66
Avril	Halstead	F	2023/01/21	5	0:27:41	1
Dominique	Erlank	F	2023/01/21	5	0:30:23	156
Paul	Pretorius	M	2023/01/21	5	0:34:10	348
Frans	Kamps	M	2023/01/21	5	0:35:15	380
Mpumi	Mothapo	F	2023/01/21	Timekeeper		
Les	Sutcliffe	M	2023/01/21	Timekeeper		
Richard	Wilkinson	M	2023/01/21	Timekeeper		