

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Chad	Harris	M	2023/01/14	5	0:23:32	76
Maselo	Mphafundi	M	2023/01/14	5	0:23:49 PB	18
Jay	Sooka	M	2023/01/14	5	0:25:24	81
Russ	Dodding	M	2023/01/14	5	0:27:34	98
Geoff	Goldberg	M	2023/01/14	5	0:30:06	24
Paul	Pretorius	M	2023/01/14	5	0:33:09	345
Heather	Murch	F	2023/01/14	5	0:33:32	83
Frans	Kamps	M	2023/01/14	5	0:35:58	379
Mpumi	Mothapo	F	2023/01/14	Timekeeper		
Les	Sutcliffe	M	2023/01/14	Timekeeper		