

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Simon	Mdlalose	M	2022/10/15	5	00:23:00	112
Julian	Blonski	M	2022/10/15	5	00:24:14	193
Leuba	Mothapo	M	2022/10/15	5	00:27:13	97
Russ	Dodding	M	2022/10/15	5	00:27:43	87
Richard	Watermeyer	M	2022/10/15	5	00:28:46	11
Paul	Cawood	M	2022/10/15	5	00:30:01	40
Dominque	Erlank	F	2022/10/15	5	00:30:39	153
Daniel	Erlank	M	2022/10/15	5	00:30:41	51
Heather	Murch	F	2022/10/15	5	00:32:25	72
Mpumi	Mothapo	F	2022/10/15	Timekeeper		
Les	Sutcliffe	M	2022/10/15	Timekeeper		
Richard	Wilkinson	M	2022/10/15	Timekeeper		