

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Rirhandu	Rhangani	M	2022/05/28	5	0:16:21	15
Kemang	Khunonyane	M	2022/05/28	5	0:17:47	36
Norman	Moyo	M	2022/05/28	5	0:17:53	22
Tiisetso	Sebata	M	2022/05/28	5	0:18:25	36
Mike	Jones	M	2022/05/28	5	0:22:04	90
Angus	Clark	M	2022/05/28	5	0:22:26 PB	10
Julian	Blonski	M	2022/05/28	5	0:24:23	183
Jay	Sooka	M	2022/05/28	5	0:24:36	62
Bruce	Clark	M	2022/05/28	5	0:24:57	85
Christine	Clark	F	2022/05/28	5	0:24:57	125
Chad	Harris	M	2022/05/28	5	0:25:13	62
Lisa-Jo	Blonski	F	2022/05/28	5	0:26:38	59
Maselo	Mphafundi	M	2022/05/28	5	0:28:35	4
Teressa	Munyembate	F	2022/05/28	5	0:29:20	1
Catherine	Cawood	F	2022/05/28	5	0:29:21 PB	7
Mpumi	Mothapo	F	2022/05/28	Timekeeper		
Les	Sutcliffe	M	2022/05/28	Timekeeper		
Richard	Wilkinson	M	2022/05/28	Timekeeper		