

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Tiisetso	Sebata	M	2022/04/30	5	0:18:26	34
Sipho	Sithole	M	2022/04/30	5	0:18:27	1
Essau	Miya	M	2022/04/30	5	0:20:13	75
Rabalani	Gabara	M	2022/04/30	5	0:20:14	1
Robert	Mudau	M	2022/04/30	5	0:20:50	3
Emanuel	Ndebele	M	2022/04/30	5	0:22:21 PB	2
Graham	Webber	M	2022/04/30	5	0:23:05	47
Simon	Mdlalose	M	2022/04/30	5	0:23:06	104
Julian	Blonski	M	2022/04/30	5	0:24:22	181
Lisa-Jo	Blonski	F	2022/04/30	5	0:24:25	57
Nomo	Khumalo	M	2022/04/30	5	0:24:50	33
Thomas	Hope	M	2022/04/30	5	0:24:58	35
Greg	Bortz	M	2022/04/30	5	0:24:59	30
Russ	Dodding	M	2022/04/30	5	0:26:41	74
Daniel	Erlank	M	2022/04/30	5	0:26:52	43
Inken	Oldsen	F	2022/04/30	5	0:28:44	2
Dominque	Erlank	F	2022/04/30	5	0:30:02	146
Heather	Murch	F	2022/04/30	5	0:31:51	59
Mpumi	Mothapo	F	2022/04/30	Timekeeper		
Les	Sutcliffe	M	2022/04/30	Timekeeper		